|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  | | --- | | not a member? [join now!](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Df02bed644f5a35af3521115ed64a7c9997b7d05a47dc0d2191d620353663c1a2e7f86ac495e557491cb4e1f6fdad6688adc7341b853b26eb&data=04%7C01%7C%7C57ebcbd8f8584cbad82008d8fa8ebeb1%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637534838277722654%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=5XYFaqlSqangceCTQ54oYuTWCGatAuGLGABLi6LjE6Q%3D&reserved=0)               [view as a web page](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fview.s7.exacttarget.com%2F%3Fqs%3D2c0a4a6a06e327a052bf362e4cadee23ad96d62648a2acb8e88aac39577e98f0c903f017e81a6acb7dd27e326fab9f99a90ff18101a4b5619c59d67a64390c0d10ca70ace63c60ec1de1092c447e027c&data=04%7C01%7C%7C57ebcbd8f8584cbad82008d8fa8ebeb1%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637534838277722654%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=m6d5SHQyo9MPLIxpVG7h985sZZnDubhbODAYnMm2tLA%3D&reserved=0) |  |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **Happy Spring Foothills Mountaineers!**  April is Earth Month and what better way to celebrate than spending time in nature. Check out all these fun Foothills Branch [activities](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Df02bed644f5a35af2cfe11e134aa284a4ea658fb808664afdb50cda7bbdb04b9724902fc455f10c8aa7c241a357c1b6dee43546406518357&data=04%7C01%7C%7C57ebcbd8f8584cbad82008d8fa8ebeb1%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637534838277732608%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=acY2lVplY8IalvRH0jEQ6HR3x3qoc6SUVXbNc4yWesg%3D&reserved=0) to get outdoors and explore our beautiful planet. | | | |  |  | | --- | |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  | | --- | --- | --- | --- | --- | | |  |  |  |  | | --- | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | |  | |  |  | | --- | | **Virtual Events & Seminars**  All listings are subject to change and can be cancelled or rescheduled at any time. Please stay up-to-date by visiting our website or reaching out to the appropriate leader.  [**Lightweight and Ultralight Backpacking Gear Seminar**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Df02bed644f5a35af844106cb996631f7aa99a55c9bb86a610ab6d8ceacf75657ae62db4a31ee5646e890d8878f537d0c4e8ec67c7146e04b&data=04%7C01%7C%7C57ebcbd8f8584cbad82008d8fa8ebeb1%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637534838277742566%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=%2FQjehQfYp8TS0eFLYnuruY0HyYseUHOUxujD257%2FBDI%3D&reserved=0) **| Apr 13** Learn how to carve 10-50% off your pack weight in an affordable and safe fashion, with the latest trends in lightweight and ultralight backpacking gear and systems.  [**Climate Change Speaker Series**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Df02bed644f5a35af8265b2f1a99e1c6cc9e65e29d8529a0b52ac5649d74f03074bed1ea035e7989a86193d1d5c4e9d0fabc7797ec9310242&data=04%7C01%7C%7C57ebcbd8f8584cbad82008d8fa8ebeb1%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637534838277742566%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=Oh0CnrqAnFLYoq1cmSyvo5laDKCCcgmo1G2%2F7YOKZdU%3D&reserved=0) **| Starts Apr 20** The[Mountaineers Carbon Footprint Reduction Committee](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Df02bed644f5a35afa31f697aac0480955d76090f31bacb19615aae82d39bd0ae6c43954f98588261d6d4c4d8a921830388a638b05e1528bf&data=04%7C01%7C%7C57ebcbd8f8584cbad82008d8fa8ebeb1%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637534838277752522%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=01ctwzx15cPIjKeuVmqUy8b2l3BbdD2gUuXubfaTJ9g%3D&reserved=0) is excited to announce a Climate Change Speaker Series to help our community learn more about the climate crisis. In this series, you’ll learn from Mountaineers members and authors about our current climate reality, new science about thawing permafrost, and how climate change will affect the local PNW landscapes we love.  [**Backpacker’s Pajama Party**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Df02bed644f5a35af2f419452c9cba450ee824ea590554ca5f748da5c1fba1271fd90bbeb1a8329aa7a30fe53605a04546a1faa5b3bb4afd7&data=04%7C01%7C%7C57ebcbd8f8584cbad82008d8fa8ebeb1%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637534838277752522%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=P0mfHyK4jOtlv8E0VMwgWC3TSpvJhE8LLYchK71Gm%2FA%3D&reserved=0) **| Apr 23** Put on your comfy pants and slippers, grab a favorite beverage and some popcorn, and join Dan Zilcsak and your fellow backpackers for this virtual tour of a classic backpacking loop on the east side of Glacier Peak! The talk will include Spider Gap, Lyman and Image Lakes, Buck Creek Pass, High Pass, the Napeequa valley, and Little Giant Pass.  [**New Hike-Backpack Leader Seminar**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Df02bed644f5a35af4827a6a73d4b4d676abebcb99609c50df2018f346de8e4157afe0abc7560d66e6a0098212c2987b3e5fc5d4dc4690a74&data=04%7C01%7C%7C57ebcbd8f8584cbad82008d8fa8ebeb1%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637534838277752522%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=cFSWkMX0St3pojGwXOH5hlnsMpktvf%2BWVdLUqLI0xho%3D&reserved=0) **| Apr 28** This 2.5-hour online seminar provides experienced hikers or backpackers information to help them become an effective leader for The Mountaineers.  [**The Mountaineers Virtual Gala: Online Auction Preview**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Df02bed644f5a35af65fabf6afba211483421d82d5902ed2baf2e62a22ee46039411a904f10843e201d99d6ed2676967be409723ff2884167&data=04%7C01%7C%7C57ebcbd8f8584cbad82008d8fa8ebeb1%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637534838277762485%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=RoB9wxmsYkPz304PW93CtYk6jg6VR2Lwj5Zx03%2BkQrU%3D&reserved=0) **| Apr 29** Join us for our annual Gala! This year's virtual fundraising event will honor Mountaineers volunteers who helped us through 2020 and feature a one-of-a-kind awards show and online auction. Register today and get the chance to bid on once-in-a-lifetime getaways, gear, gifts, and more - over 50 packages in total! 100% of proceeds from optional ticket donations and auction bids will support Mountaineers programming.  [**Tips and Tricks for Women Hikers and Backpackers**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Df02bed644f5a35afe4584e304d06a1f51cb9a38a27b2b098add4966d5bb9b80219c1f5ede9912cf2ef459959d800d0b5a4efae97cbae06ba&data=04%7C01%7C%7C57ebcbd8f8584cbad82008d8fa8ebeb1%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637534838277762485%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=SY6Br79X9CXSn8vsY70fLNC%2B1c1QswYkt65C3sKmIH8%3D&reserved=0) **| May 6** Join long-time backpacker and all-around adventurer Teresa Hagerty for this online discussion of women-specific tips for gear, hygiene, and traveling safely.  [**Lightweight Backpacking Food Planning and Preparation**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Df02bed644f5a35affbdd8ea329a5879d20f396ba6184871770f62bd6376a7c33a7187ce9e9abf28611d1131909dd691c93ae04f698fd8aea&data=04%7C01%7C%7C57ebcbd8f8584cbad82008d8fa8ebeb1%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637534838277772435%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=4NhjSq2CKemguWWx3l8gy%2BmMQJSbPeSr95JKEDQ1qbA%3D&reserved=0) **| May 12** Learn how to plan a tasty and lightweight trail menu that will provide the nutrition you need to succeed on your trip.  [**Essential Trip Planning Skills and Tools for Backpackers**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Df02bed644f5a35af37a37181026f82a8d0d87a687ea670a0591dcebcaafb2d206c1a690e361224d053613a7d7972d01c85d9b594be8fcc3a&data=04%7C01%7C%7C57ebcbd8f8584cbad82008d8fa8ebeb1%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637534838277772435%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=k6To0mMbzkTmxxt%2FVs9bKKTM89olSUent8i39ncij%2Fg%3D&reserved=0)**| May 18** Learn basic information, skills, and tools to help you plan a successful backpacking trip.  [**Long Distance Backpacking Clinic**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Df02bed644f5a35af416d7aacc84e3654450b878b86d3480f74af958e1df143524425f21dbf8adfbdb670d6738860745db9172ee036d85489&data=04%7C01%7C%7C57ebcbd8f8584cbad82008d8fa8ebeb1%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637534838277772435%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=6J%2F6jVcRS5srhHAsDgyU3BbUgMdTWj82CkXMYk4SvT0%3D&reserved=0) **| May 26** Join 2018 and 2019 PCT thru-hiker and avid local hiker and backpacker Kathleen Neves to learn the ins and outs of long-distance backpacking. | | | |  |  | | --- | |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  | | --- | --- | --- | --- | --- | | |  |  |  |  | | --- | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | |  | |  |  | | --- | | **Courses & Activities**  All listings are subject to change and can be cancelled or rescheduled at any time. Please stay up to date by visiting our website or reaching out to the appropriate leader.  [**Introduction to Trail Running**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Df02bed644f5a35af3aa96ad3c34698b4b22f8e90c40750e707ec33a9452666d5ed12bce21679fd8cef5fefe3400a3a564a465f7036de47a0&data=04%7C01%7C%7C57ebcbd8f8584cbad82008d8fa8ebeb1%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637534838277782391%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=yiuF9td8Rud86Mac1ybB%2BKHBP4F8oBWwFCTB7X2Pce4%3D&reserved=0)**| May 4-Jun 30** Learn how to start trail running on local "frontcountry" trails in the Seattle area and along the I-90 corridor. This course is filling up fast! Join us, connect with other trail runners, and learn how to get started with the fundamentals of trail running at local trails.  [**Backpacking with Kids**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Df02bed644f5a35af88cb862e593f5a4eab7bb810f684058aca37b6a0352fe4c0dd43c4e76140d09bdfb5e995ff79e22db96b9337596da975&data=04%7C01%7C%7C57ebcbd8f8584cbad82008d8fa8ebeb1%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637534838277782391%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=Yo7ue2mjo%2BUu3lTvBq8aed240cNRdmBxJWnj7jGy7PE%3D&reserved=0) **| May 13-Sep 30** This course is for parents with some backpacking experience who want to take their children (little ones to teenagers) backpacking. Learn about trip planning, on-the-trail tips, kid-oriented gear and food, safety, and other tips and tricks from experienced parents that backpack with their kids. | | | |  |  | | --- | |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | |  | | | | | |  |  | | --- | --- | | |  | | --- | | **News**  [**Trailhead Ambassadors,**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Df02bed644f5a35af237a7f2c9627cc223b4f375f92868fda73eb1de99aa9a3d5eb144ee1e762023bffbd4c7c5dc306de738442b3f9fa1c00&data=04%7C01%7C%7C57ebcbd8f8584cbad82008d8fa8ebeb1%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637534838277792346%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=Nb6b04F4Hw6HmpfW7YcFj%2By5tNLucazR9HKRpM8Ooes%3D&reserved=0) a brand-new volunteer program, is launching this summer in the Snoqualmie Corridor area. This new program is currently recruiting volunteers to educate and empower visitors on trails and public lands within the I-90 corridor. Volunteer Trailhead Ambassadors will serve as a welcoming party at popular trailheads to answer recreation-related questions, promote responsible hiker ethics like Leave No Trace, and collect trail use information for agencies and nonprofits. Volunteers will go through a virtual training that covers topics such as: ways to engage public users, how to provide information about recreational trails, and education about how to play an active role in caring for trails and public lands to ensure safe and sustainable trails for future use.   **The Foothills Navigation Committee** is wrapping up a remarkably busy and successful training season with the recent completion of the “Staying Found - On Trail Navigation” and “Wilderness - Off Trail Navigation” courses. Over 40 students participated in the “Staying Found” course, which was geared primarily toward hikers, backpackers, and trail runners. The course included an online lecture and a field trip to practice skills. Over 50 students graduated from the "Wilderness - Off Trail Navigation” course, which focused on off trail navigation requirements for Climbing, Scrambling, Intermediate Snowshoeing, and other more advanced courses.  **The Foothills Snowshoeing Committee** successfully held its annual Winter Camping course in March. A record number of students participated and learned skills for camping safely and comfortably in the wintertime, including building emergency snow shelters. Frank Jones, Travis Prescott, and Gabrielle Orsi led three field trips for the course: two at Kendall Lakes near Snoqualmie Pass, and one at Reflection Lakes in Mount Rainier National Park.  **The Foothills Trail Running Committee** is pleased to welcome new backcountry trail running leader Mark Goodro! Mark is a Mountaineers climb leader and Intermediate Climbing co-chair. He regularly runs local trails on Bainbridge Island and has had running adventures in the Cascades and the Olympic Peninsula as well. He brings strong leadership and outdoor skills to our committee. Welcome, Mark! If you are interested in becoming a trail run leader, please fill out the [application](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Df02bed644f5a35af67bffb89ef563f95c706231b828f7d12f862e6e0a3343a43c8d7edd7facb9294d887b70e558854425241ff24b5dabe77&data=04%7C01%7C%7C57ebcbd8f8584cbad82008d8fa8ebeb1%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637534838277792346%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=6v7COr2%2FAfGqeq5M6H%2F1q1E3ZEXRHlvNhfzWHhnYbfw%3D&reserved=0).  Experienced trail runners can obtain the backcountry trail running badge through an equivalency process. [Click here](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Df02bed644f5a35afe4be65d3c825d89b69fc7e6d3e2622a1952d853521933aaf8c27542f8e0f3fd3625bfd77592bf25b4de907ca959251cb&data=04%7C01%7C%7C57ebcbd8f8584cbad82008d8fa8ebeb1%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637534838277792346%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=zPNHEsEtxfBBP%2FkDLUlPEwDLUhIiqpsXkQoTVf%2BBNv8%3D&reserved=0) for more information.  Anyone interested in trail running with The Mountaineers can contact the Foothills Trail Running Committee for more information at [foothillstrailrunning@gmail.com](mailto:foothillstrailrunning@gmail.com?subject=). | | | |  |  | | --- | |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | |  | | | | | |  |  | | --- | --- | | |  | | --- | | **Volunteer Opportunities**  Are you interested in becoming more involved with The Mountaineers? The Foothills Branch is experiencing a lot of growth in many of our courses that require navigation training. While this is good thing, it puts a strain on the volunteers who provide this training. As a result, we're looking for a few individuals interested in joining our merry band to help deliver our navigation courses. You don’t need to be a navigation expert. While course development, execution, or project management experience would be helpful, we welcome anyone who is passionate about being out on the trail and helping others experience the outdoors safely.   If this sounds like something you’d like to know more about, please contact Alan Davey at [Foothills.navigation@gmail.com](mailto:Foothills.navigation@gmail.com?subject=). | | | |  |  | | --- | |  |  |  | | --- | | **Three Ways You Can Help The Mountaineers**  The COVID-19 outbreak [has had a significant impact](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Df02bed644f5a35afd276a4a9985c65b0c5d96e50a2a0ae7ff0b752d3c9e2cac738e85a86b2b1443ce0cbfa930dceff6cbf58ea24dbba86ca&data=04%7C01%7C%7C57ebcbd8f8584cbad82008d8fa8ebeb1%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637534838277802305%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=eqlsOYf0IxT%2Ffz55lVUKc7vfUZbPYC2zksyYmswlvzg%3D&reserved=0) on The Mountaineers. All money received during this time is supporting general operations so we can continue offering creative programming and be ready to help you get back into the outdoors again as soon as it’s safe to do so. Together, we can get through this, and we thank you for any help you can provide. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | |  | |  |  | | --- | | **Renew or Join** With your ongoing support, we will weather this storm and come back stronger than ever. Use code ME21TOGETHER through April 30 to get 20% off when you join or renew your membership. Already renewed? Contact Member Services at 206-521-6001 to pay in advance for next year’s membership dues at the 20% off rate. |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | [Join/Renew](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Df02bed644f5a35af3521115ed64a7c9997b7d05a47dc0d2191d620353663c1a2e7f86ac495e557491cb4e1f6fdad6688adc7341b853b26eb&data=04%7C01%7C%7C57ebcbd8f8584cbad82008d8fa8ebeb1%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637534838277802305%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=%2BLRVbI5DdWr3h%2FUvhWGGcjtH6ME4%2FTvJzdur0zNLGbE%3D&reserved=0) | | | | |  |  | | --- | --- | | |  | | --- | |  | |  |  | | --- | | **Shop Green Trails Maps** Mountaineers Books is now the exclusive distributor of Green Trails Maps, offering 150+ high-quality backcountry maps. Features include; icons for picnic areas, tent camping, backcountry bathrooms, and more; dot-to-dot trail distances; permit requirements; and much more! Get your Green Trails Maps today. |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | [Shop Maps](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Df02bed644f5a35af697581c3c922b4e616a6171e751154e10ec10ca1cc64d27520a6f10d2eef93237e83748ba2534670d4ccdc7dab656a41&data=04%7C01%7C%7C57ebcbd8f8584cbad82008d8fa8ebeb1%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637534838277812259%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=D4WGnZ34ZNcEQzNP0lMAZokR6JyRkoCUsGXRt1bXhbA%3D&reserved=0) | | | | |  |  | | --- | --- | | |  | | --- | |  | |  |  | | --- | | **Give Back with Workplace Giving** Double the impact of your volunteer hours, membership dues, or donations with a matching gift through your company's Workplace Giving program. Many employers sponsor generous Workplace Giving programs for employees, and yours could be one of them. Learn more and give back to your community. |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | [Learn More](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Df02bed644f5a35af9e1068b6c3fe26ed77ed605c1157d1fbb598d715dbc9caee6b1aecf4fc902b79a88930e16f3a53a6c9b68fc25f230f23&data=04%7C01%7C%7C57ebcbd8f8584cbad82008d8fa8ebeb1%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637534838277812259%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=7tQT5sB6GjvZ6Oqz4yUCrS0s7ACuJ9nSuxSNb5fF8HU%3D&reserved=0) | | | | | | | | |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | [www.mountaineers.org](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Df02bed644f5a35af2a14bc2a8db4edccaf67e0b2e6014165ea4a3f7788db20cc32e363f1d54a79320c8265ed761ea9586d680ab00afd0fe4&data=04%7C01%7C%7C57ebcbd8f8584cbad82008d8fa8ebeb1%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637534838277832171%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=vgRol8Ip2quUF7ZUzK7RIfcEEiSMzU0Yl2ReS0lihns%3D&reserved=0)   The Mountaineers enriches lives and communities by helping people explore, conserve, learn about and enjoy the lands and waters of the Pacific Northwest and beyond.  [Unsubscribe](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2Fprofile_center.aspx%3Fqs%3D38d6e54d348d940cc6739160734451fee4f37fcaa1dbd072cdd83b505d7ccdb5a0295fcdc3e96f8f5dda0222381b0980fe173a190faae991da74d8add8157fba&data=04%7C01%7C%7C57ebcbd8f8584cbad82008d8fa8ebeb1%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637534838277842128%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=Y6qYD6mVe5DNCSy0PssvjoMr3zx3GvXSiLKHIKQFRw0%3D&reserved=0) | [Update Preferences](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2Fprofile_center.aspx%3Fqs%3D38d6e54d348d940cc6739160734451fee4f37fcaa1dbd072cdd83b505d7ccdb5a0295fcdc3e96f8f5dda0222381b0980fe173a190faae991da74d8add8157fba&data=04%7C01%7C%7C57ebcbd8f8584cbad82008d8fa8ebeb1%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637534838277842128%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=Y6qYD6mVe5DNCSy0PssvjoMr3zx3GvXSiLKHIKQFRw0%3D&reserved=0) | | |  |  |  | | --- | --- | | |  | | --- | | This email was sent to [lorieheath@live.com](mailto:lorieheath@live.com) The Mountaineers, 7700 Sand Point Way, Seattle, WA 98115-3996, US [Read our Privacy Policy](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Df02bed644f5a35afb468925ca872180076e01901e5c1f123be3845c14771eca7e958b522f81bea3fa3a3ddf702fcd13998fc615e90d537ff&data=04%7C01%7C%7C57ebcbd8f8584cbad82008d8fa8ebeb1%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637534838277842128%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=0pLwpDb8qkABPKAwhtJgUIExEmm1Ps9Mj1VxNpUhPhs%3D&reserved=0) | | | | | | |